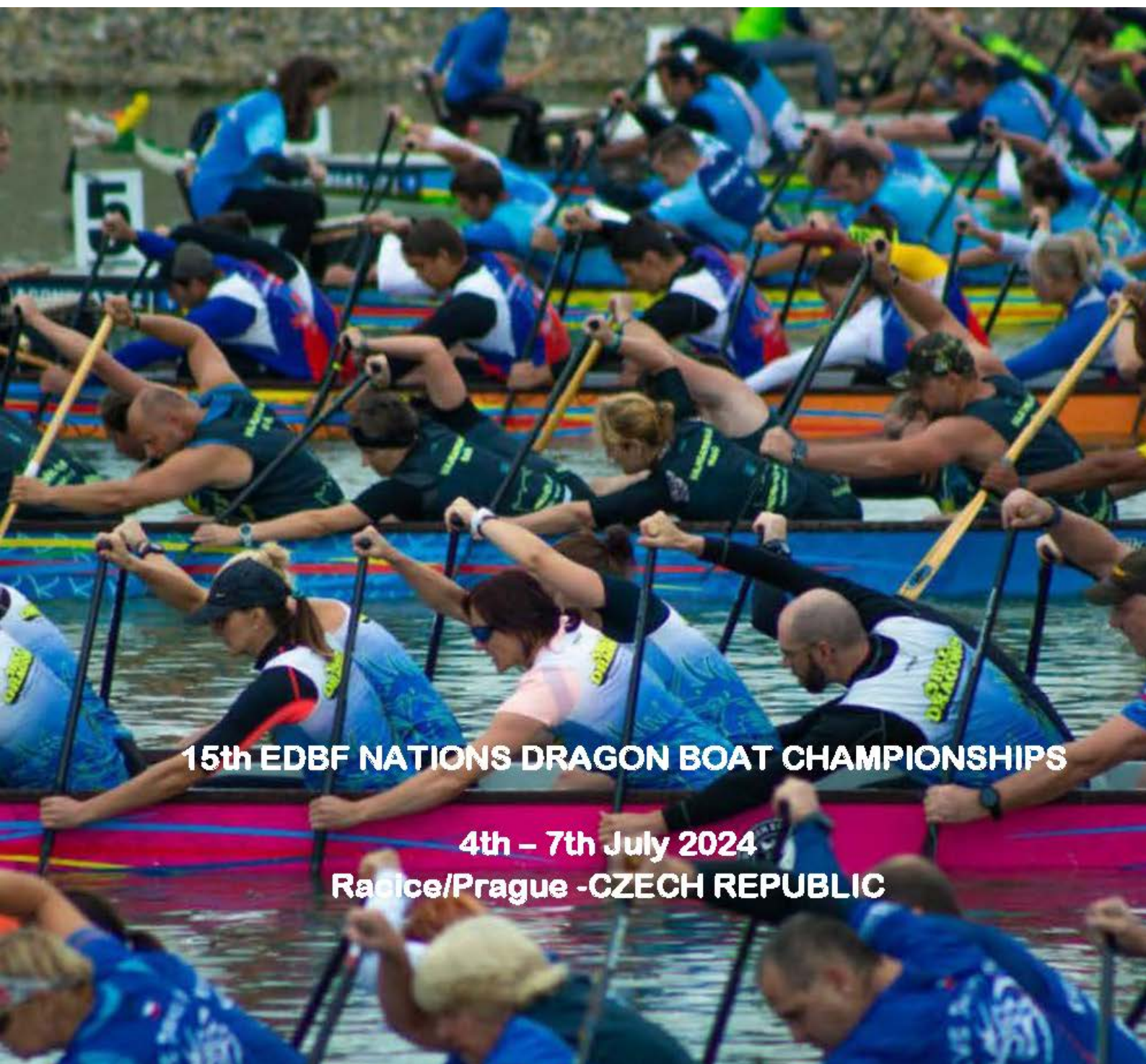


**National Olympic Centre Regatta Course – Labe Arena
CZECH REPUBLIC – Prague/Racice - 4th – 7th July 2024**



15th EDBF NATIONS DRAGON BOAT CHAMPIONSHIPS

4th – 7th July 2024

Racice/Prague -CZECH REPUBLIC

National Olympic Centre Regatta Course – Labe Arena CZECH REPUBLIC – Prague/Racice - 4th – 7th July 2024

INFORMATION BULLETIN No.3

The information in Bulletin No.3 is complementary to Bulletin No.1 & No.2.
All Bulletins together serve as complete guidance.

Czech Dragon Boat Association (CZDBA) and the **Organizing Committee** in conjunction with the **European Dragon Boat Federation (EDBF)** warmly invite **all National Dragon Boat Teams to participate in the 15th EDBF NATIONS DRAGON BOAT CHAMPIONSHIPS** for the distances **200m, 500m, 1000m and 2000m**.

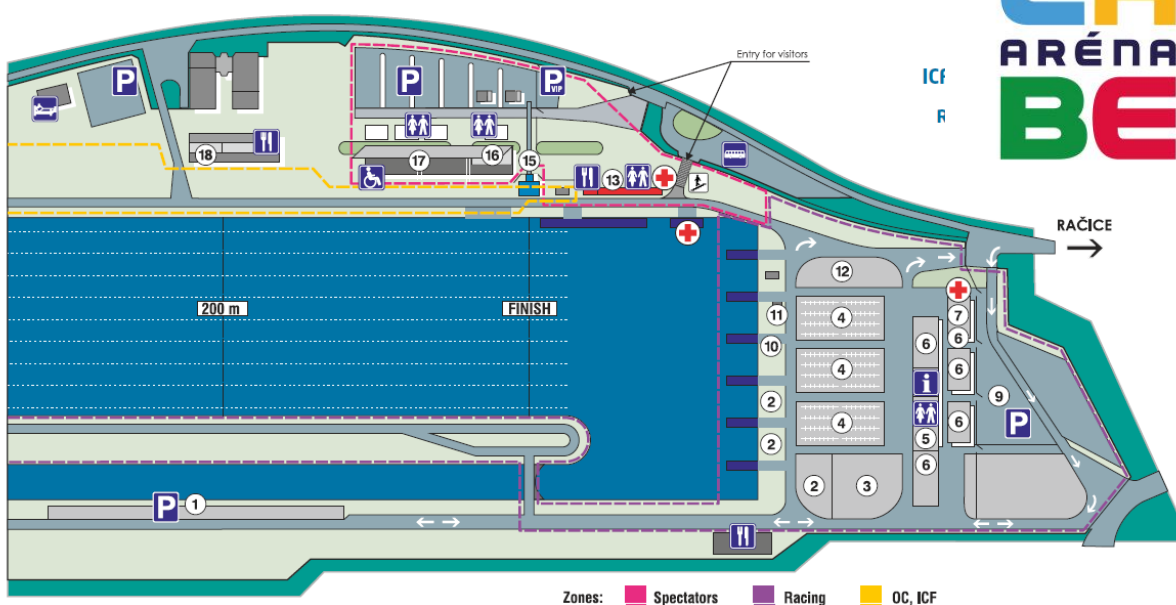
DATE:

The **15th EDBF NATIONS DRAGON BOAT CHAMPIONSHIPS** will be held **from 4th to 7th July 2024** at the National Olympic Centre Regatta Course – Labe Arena Račice.

THE VENUE - REGATTA COURSE:

The regatta course has 6 lanes of 12 meters for 200 and 500 m, using the Albano system. Starts are equipped with the automatic start system Polaritas and new fixed starting blocks. The total length of the water canal is 2350 meters and the width of main canal is 130 meters. The depth is 2.5–3 meters. Photo finish and computerized results processing will be provided at the finish tower on site. There is a huge grandstand for spectators and guests incl. parking place available. VIP guests of the OrgCom and EDBF will be able to enjoy the races from the VIP area with a view over the whole regatta course.

Regatta Course Račice



1	Parking	5	Changing room	10	Start numbers / water distribution	15	Finish tower
2	Boat builders	6	Indoor rest room	11	Control commission	16	Grandstand for VIP
3	Place for team tents	7	Bag drop off /Lost & Found	12	Boat paddle builders	17	Grandstands
4	Boat storage	9	Parking	13	Exchange	18	Accreditation

CONFIRMED ENTRIES:

More on our web: www.dragonboat.cz or join us: <http://www.facebook.com/www.dragonboat.cz>

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SMALL BOAT

SMALL BOAT	Premier						Senior A (40+)						Senior B (50+)						Senior C (60+)						
	Open		Women		Mixed		Open		Women		Mixed		Open		Women		Mixed		Open		Women		Mixed		
	200 m.	500 m.	2.000 m.	200 m.	500 m.	2.000 m.	200 m.	500 m.	2.000 m.	200 m.	500 m.	2.000 m.	200 m.	500 m.	2.000 m.	200 m.	500 m.	2.000 m.	200 m.	500 m.	2.000 m.	200 m.	500 m.	2.000 m.	
BUL																									
CYP																									
CZE																									
ESP																									
FRA																									
GBR																									
GER																									
HUN																									
ITA																									
MDA																									
NED																									
NOR																									
POL																									
ROU																									
SRB																									
SUI																									
UKR																									

SMALL BOAT	Senior D (70+)						Junior A						Junior B						Under 24						Parad. 1		
	Open		Women		Mixed		Open		Women		Mixed		Open		Women		Mixed		Open		Women		Mixed		Open		
	200 m.	500 m.	2.000 m.	200 m.	500 m.	2.000 m.	200 m.	500 m.	2.000 m.	200 m.	500 m.	2.000 m.	200 m.	500 m.	2.000 m.	200 m.	500 m.	2.000 m.	200 m.	500 m.	2.000 m.	200 m.	500 m.	2.000 m.	200 m.	500 m.	2.000 m.
CZE																											
GER																											
HUN																											
ITA																											
MDA																											
NED																											
NOR																											
POL																											
UKR																											

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4th IDBF World Cup, Miluo China - TEAMS SELECTION at 15th EDBF ENC 2024

The Chinese Dragon Boat Association will host the IDBF World Cup race from Oct 24-28 in Miluo, China in partnership with the CCTV, the City of Miluo and the IDBF. 11 International teams are invited to join the host, China Team, in the 12 teams' event.

The EDBF has been awarded 3 entries.

The results from the standard premier mixed 500m and 200m at the 15th EDBF ENC will be used to qualify the entries. In the event of a tie in the results, the 200m will be used as a tie-breaker as the majority of the distances at the World Cup is sprint. The costs for the qualified National Teams, including hotel, meals and the majority of flight expenses, will be covered by the host Nation, the CDBA.

TRAINING BOOKING

The Teams have to register on the following link and to enter to the race:

<https://www.dragonboat.cz/zavod/509-15th-edbf-european-nations-dragon-boat-championships-2024/>

Then they will receive the link where they can choose their training time and boat type.

Then we will have the schedule for both training days - Tue 2.7. / Wed 3.7.2024

ENC ANTI-DOPING INFORMATION

Clean Sport Education

In line with the World Anti-Doping Code and the EDBF/ IDBF Doping Control Rules, all Premier Crew athletes and all Coaches, are to complete the mandatory Anti-Doping Course on the ADEL website as notified in the ENC 2024 Bulletin No 2.

Please note, if you are only racing in the Juniors and Seniors' divisions (not Premier Div), you are not required to send any certificates.

- ✚ **All Premier Crew (including helm & drummer)** irrespective of their age must complete the International-Level Athletes Education Program.
- ✚ **All Coaches** irrespective of the racing or competition class of their crews must complete the High-Performance Coaches' Education Program.

All certificates are to be uploaded on the EDBF registration website (<https://123bookeasy.com>), **by 25 Jun2024**. All certificates must be verified by the EDBF Medical & Sports Science Commission (M&SSC). **For the verification, team managers are to send an email to edbf.antidoping.office@gmail.com** as a notification to the M&SSC that the relevant certificates have been uploaded. **Certificates should not be sent by email.**

EDBF National Clean Sports Advisor Course

The EDBF Medical and Sport Science Commission will organize a 4-hour clean sports advisor course during the ENC 2024.

From 2026, WADA will require all sports to have a Certified Clean Sports Advisor as part of their national teams, The EDBF will be complying with this WADA directive therefore, It is highly desirable that EDBF

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Members nominate people to attend this first Clean Sports Advisors Workshop during the ENC2024. At least one person is invited from each EDBF Member to attend the workshop which is free to attend. Candidate's names should be sent to edbf.antidoping.office@gmail.com by 3 July 2024.

The workshop will be held during the ENC 2024 in Racice, from July 4th to 7th. The EDBF SS&M Commission will confirm the schedule and location with delegates by the end of June, considering the expected number of attendees and their availability.

The course is for anyone wishing to improve their knowledge of clean sports and increase the reach to protect clean sports. On successful completion, a certificate will be issued by the EDBF to confirm your achievement.

Course Overview

The Clean Sports Advisor Programme is consisting of two parts as outlined below:

Part 1: Independent Studies.

This part includes the following 3 online learning modules on the WADA ADEL website (<https://adel.wada-ama.org>):

- Athlete Support Personnel (ASP) Guide to the Code 2021
- Athlete and Athlete Support Personnel Guide to the List 2024
- National-Level Athletes Education Course

The online modules can be completed at your own pace, but we suggest aiming to complete the modules before you attend the In-Person Session. These modules provide relevant and essential information to pass the final exam. You will need to pass the final exam with a score of 80 or above to meet the course completion requirement.

Part 2: In-Person Session.

This session is split into four core modules, explaining the principles of clean sport and essential anti-doping information with the role of the Advisor linked throughout.

The In-Person course should take you approximately 4 hours and covers the below subjects.

1. Values of Clean Sport, Anti-Doping and 100% me
2. Consequences of Doping and Speaking Up
3. Helping athletes to be clean and stay clean
4. The testing procedure
5. What an athlete needs to know about medications

OUTLINE PROGRAMME:

This program is to assist Teams with their planning but **is provisional and could be changed.**

- Please ensure your team arrives by 3 July 2024 latest for meetings and training sessions.
- Racing will take place from Thursday 4 July through to Sunday, 7 July 2024 inclusive.
- The Opening Ceremony is planned for Thursday, 4 July 2024 at 12.30 between 1k races and 500 meters races at the Venue.
- The Closing Ceremony is planned on Sunday the 7th at the end of races. Approx. 16.30

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	Tue	Wed	Thu	Fri	Sat	Sun	Mon
	2nd July	3rd July	4th July	5th July	6th July	7th July	8th July
Teams arrive							
Training at venue							
Racing							
Opening Ceremony							
Closing Ceremony							
EDBF Congress							

MEALS CATERING:

Booking of catering on venue.

TEAMS TENT:

Booking of Team tents on the venue.

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ORGANIZER CONTACTS:

- Championships Website: www.dragonboat.cz
- CzDBA President: **Petr Klíma** - klimbera@dragonboat.cz
- Organizing Committee: office@dragonboat.cz

General Inquires / Administration / Accommodation / Meals



EDBF CONTACTS:

- EDBF President: **Claudio Schermi** - president@edbf.org
- EDBF General Secretary: **Josef Junca** - secretary.general@edbf.org
- EDBF Treasurer: **Maura Dezi** - treasurer@edbf.org
- EDBF Competition and Technical Commission: **Andries Boneschansker** - boneschansker61@gmail.com
- EDBF Medical Commission – Antidoping: **Leila Atei** - leilaataei1983@gmail.com